**Kids Gym**

**TumbleKids**

**BINGO**

* Jumping Jacks
* Crab Walk
* Frog Jumps
* Table Pose
* Rocking Horse Pose
* Downward Dog
* Plank Shoulder Touches
* Mountain Climbers
* March In Place
* Hop in a circle
* Releve Walk
* Forward Roll
* Safety Roll
* Knee Scale (Kitty Cat Pose)
* Tree Pose
* V-Sit
* Bear Crawl
* Headstand
* Skip
* Donkey Kicks
* Pike
* Tuck
* Straddle
* Arabesque-Front Scale